



**INERELA+ KENYA**  
International Network of Religious Leaders Living  
with or personally affected by HIV - Kenya Chapter

Feb 2022

# Newsletter

MENSTRUAL HYGIENE ADVOCACY



**Awareness, sensitization and distribution of sanitary towels.**

*INERELA+KENYA is at the fore front of championing menstrual health and hygiene by our religious leaders in Nairobi County. We focus on religious leaders proactive participation in coming up with innovative ideas that will ensure dignified menstruation experiences while addressing sexual reproductive rights including teenage pregnancy, early sexual debut among adolescents as well as the rising cases of Sexual Gender Based Violence among youth using Menstrual Health and Hygiene as an entry strategy.*